Ashleigh House is a home offering support for adults with mental health problems and people with dementia.
Our philosophy
Ashleigh house is a home registered and regulated by The Care Quality Commission to provide residential care for male and female adults suffering from low to medium enduring mental health problems and people with dementia, specialising in young onset dementia. At present we are operating two ten bed facilities for young onset dementia and mental health problems from 18 years old upwards. The home is a large detached purpose built care home in its own grounds with parking facilities for 10-12 cars, situated on the main road into Darlington with local transport links to the town centre on the door step, where service users can access a wide range of sport, leisure, education and employment opportunities.

Our aim
Our aim is to create a family type environment and a feeling of security, an atmosphere where our service users will be happy and content and to try to instill a feeling that each individual can make decisions about their daily life. This puts maximum emphasis on enabling service users to manage their own lives to the greatest possible extent thus allowing them to maintain their previous lifestyles wherever possible.

Community
Service users are encouraged and enabled to participate in the life of the community and in particular, the community local to their home. Opportunities will be created to enable them to extend their lives beyond their home to become an active and valued member of their community wherever possible. Emphasis on promoting daily living skills, confidence building and community engagement are an integral part of the overall aims and objectives of Ashleigh house.

Environment
The home environment consists of a number of bedsit style apartments consisting of a lounge area, tea, coffee making facilities and bedroom with washing facilities simulating a home environment to prepare service users who are preparing to lead an independent life in the community, and a number of single bedrooms with washing facilities, based over two levels with access to two staircases and a passenger lift. Service users have full access to additional ‘quiet rooms’ to utilise for personal and professional visits, communal lounges, activity rooms, conservatory and large dining areas. Ashleigh House has two fully equipped kitchens one upstairs and one downstairs, and laundry facilities that service users are encouraged to utilise.
Healthcare

Whilst acknowledging equality and community, we also recognise our service users as clients, people who as a result of a number of factors find that they currently need the support of a team of professionals. So whilst we encourage a home-culture that is a collaboration rather than an imposition, we also recognise that the expertise of trained professionals is required if therapeutic progress is to be made and maintained.

Staff

Ashleigh House staff members are well trained, carefully vetted and thoroughly assessed, to ensure high standards are always maintained. Staff skill mix will be an important area and there will be an intensive induction programme to equip staff to provide the quality of care required to meet more complex needs.

All Ashleigh House staff members are continually assessed and provided with ongoing training to ensure skills and working practices are up to date. Our meticulous recruitment procedure includes a formal interview, personal and professional reference confirmation, Criminal Records Bureau (CRB) and Protection of Vulnerable Adults (ISA) check. We also confirm any training already received and verify certification.

A fresh approach to care

Our emphasis is very much on providing a service user-led care service, which will meet every individual’s own needs and encourage service users rights to the fullest. We place the rights of our service users at the forefront of our philosophy of care. We endeavour to advance these rights in all aspects of the environment and the services we provide and to encourage our service users to exercise their rights to the fullest extent.

“At Ashleigh House we strive to ensure our service users realise personal aspirations and abilities in all aspects of their lives.”
Ashleigh House Care Home, 460 North Road, Darlington, DL1 3AF

**tel:** 01325 382847

**web:** www.pathwayscaregroup.co.uk  |  **email:** ashleighhouse@pathwayscaregroup.co.uk

**Head office tel:** 020 8422 7365  |  **Head Office email:** enquiries@pathwayscaregroup.co.uk

Pathways Care Group Ltd. Registered in England and Wales no. 03409137
Pathways Care Group Head Office: The Old Stables, 1 Grove Hill Road, Harrow, Middlesex HA1 3AA